

THE ROAD BEST TRAVELLED

For some people, planning is the most boring part of making life happen. So many people resort to making it up as they go along and just hope for the best. While it is important to leave space for magic and inspired spontaneity, a reliance on it can lead you down a road to nowhere or simply walking in circles.

A well devised plan that bridges your 'current reality' and desired 'end result' is the best way to ensure you get to where you want to go.

There are four steps to creating a fool proof plan. 1. Identify your objective. 2. Map out the 'bridge' between your current reality and your objective. 3. Create a Mind Map. 4. Finalise your plan

STEP 1 - OBJECTIVE Select the element of your life you want to plan for and a timeframe and write it as an objective.

Example: I will have a place to live in Sydney by January 15th, 2022

STEP 2 - BRIDGE Complete the Bridge Model for your objective, following these 3 actions. (use the template on the next page)

- I. Create a picture of your Current Reality.
Describe what you know now about your situation now e.g. strengths, weaknesses, opportunities, gaps
- II. Create a picture of your End Result
Describe what it will be like when it is happening the way you want it. Be specific.
- III. Complete the Bridge
List up to 6 key action areas that will get you from current reality to end result.

SAMPLE BRIDGE MODEL

Current Reality	Bridge	End Result
e.g. I live with my parents in Dubbo • I have enrolled for uni in Sydney with a start date of March 15 th • I can afford \$120 per week • I have no furniture or household items • I don't like being alone • I don't like rules • I have a bicycle • I like to garden and cook • I know about 12 people my age who currently live in Sydney • My aunt lives in Sydney	1. Develop a vision board 2. Advertise 3. Apply for housing 4. Meet and greets 5. Buy stuff 6. Move in	e.g. I live in Sydney • within a 30 mins bicycle ride to university • in an established , free standing, share house • fully furnished • \$120 per week including bills • functional kitchen • garden with trees and room for a veggie patch • living with 3 – 5 like minded people i.e. creative, social activists, left leaning, community minded of a similar age • similar taste in music

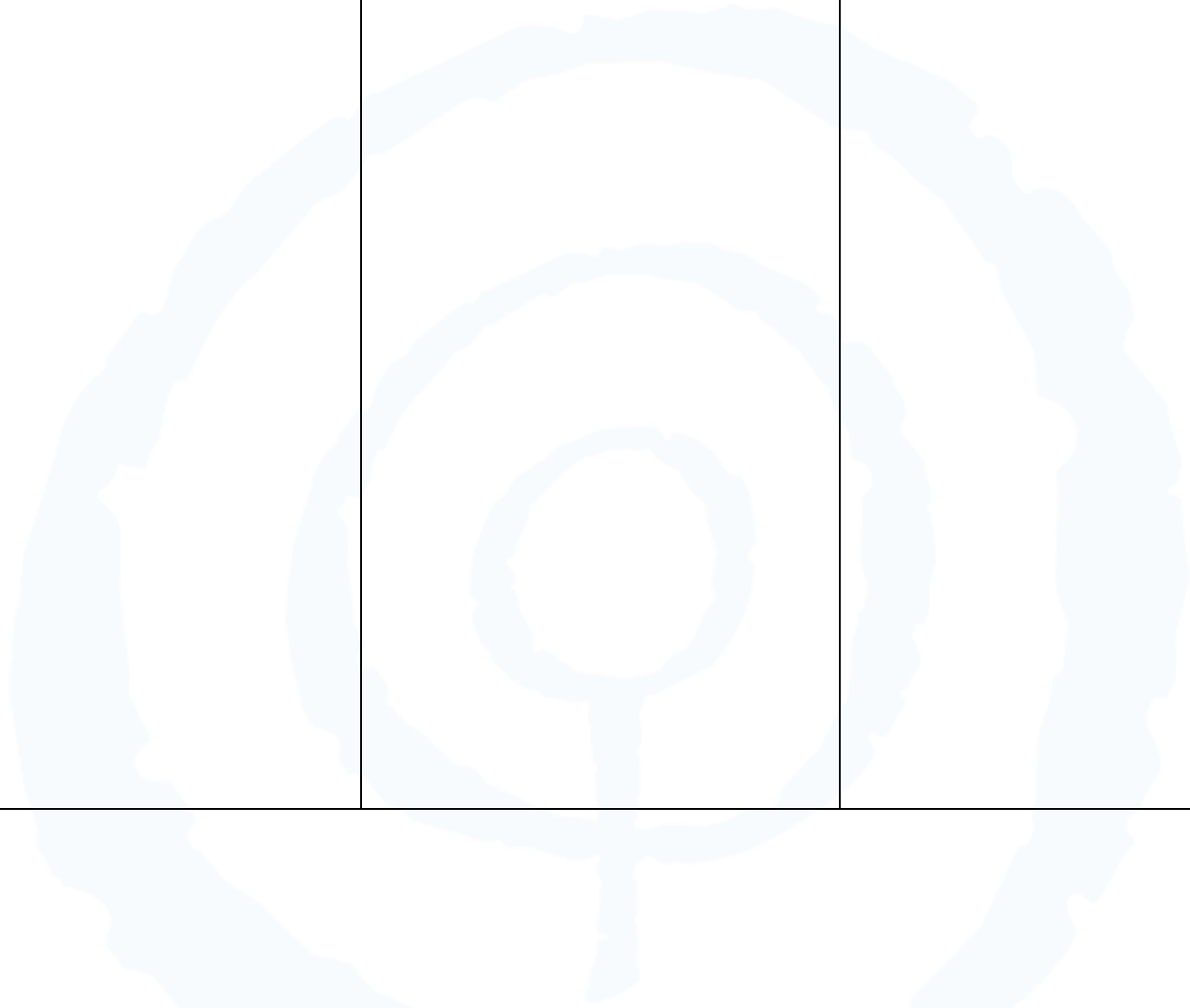
MY BRIDGE

My Objective >

1. Current Reality

3. Bridge

2. End Result



STEP 3 - MIND MAP

Complete a Mind Map on a large sheet of paper using different coloured markers

- I. Write your objective into the inner circle
- II. Action areas into the squares
- III. Write actions into ovals
- IV. Write task notes onto the circles



STEP 4 – CREATING YOUR PLAN

Use this planning template to establish an ordered list of actions to be take. Drawing the actions from your mind map, you could use it as a daily/ weekly/ monthly planner. Keep adding actions as needed.

	Actions	What is needed to achieve this action? e.g. info, resources, people, \$	By when	By whom	Done X
1					
2					
3					
4					
5					
6					
7					

SAMPLE MIND TEMPLATE

